## THE RESILIENCY THROUGH COVID-19 PROJECT

This project used Community-Based Participatory Research (CBPR), to invert traditional data collection methods. This project was rooted in the notion that individuals and experts from Black communities are best equipped to identify the needs and experiences of Black communities and that their survival in the colonial state is inextricably tied together.

It was a three- tiered project comprised of:

- Semi structured interview: Participants by provinces are listed below

Province	NS	MB	ON	AB	PEI	NWT	QC	NB	BC	TOTAL
# of interviewed participants	3	8	43	20	1	1	12	10	30	128

- Focus group session: One-hour sessions were held virtually for participants in 4 provinces- Ontario, Alberta, Quebec and British Columbia.
- Survey is still being conducted. Please participate via this link: <u>Survey</u> This project sought to answer the following thematic questions:
- Examination of the barriers and facilitators of COVID19 preventative measures among Black Canadians.
- Understand how COVID-19 related public health restrictions impact the quality of life and livelihood of Black communities.
- Experiences and attitudes of Black Canadians are towards vaccines.
- What black communities need to experience effective recovery from COVID-19.

Participants were recruited using the following Inclusion Criteria:

- Black Canadians or individuals of African descent (including immigrants)
- Black Canadians/immigrants or individuals of African descent residing in Canada
- Individuals over the age of 18 Individuals that can understand and speak either English or French
- Individuals that have the ability to give informed consent

Incentives included:

- \$35 upon completion of both the qualitative (focus group or semi-structured) and quantitative study.
- Opportunity to lend your voice to understanding the impact of COVID19 on the Black Canadian population and increase your knowledge on the subject.

Upon collecting data from the various participants, audio files were transcribed and are currently being analyzed. NVIVO 12, a qualitative data analysis computer software package

produced by QSR International is being used to complete the process.

Common themes that have been derived from responses to the semi structured interview include:



NOTE: All codes listed above are the ones with the highest number of references (remerging responses from participants).